

**Alternative Method of Instruction (AMI)**  
**Instructional Activities 6th - 8th Grades**

**GRADE LEVEL : Sixth Grade - Eighth Grade (Middle School) Students must earn 20 Points TOTAL for each day. At least half of the student's points must come from the academic section.**

<b>Academics</b>		
<b>Points</b>	<b>Description of Learning Experience</b>	<b>Adult Initial</b>
2 pts	Say or Write your multiplication facts Zero - Twelves	
5 pts	Read for thirty (30) minutes	
2 pts	Using a Venn Diagram, compare/contrast summer and winter.	
10 pts	Complete one (1 ) hour on your McGraw Hill Platform.	
3 pts	Call an older member of your family and ask them questions about your family history. Write at least a one page paper about what you learned. <ul style="list-style-type: none"> <li>• Do you have immigrants in your family history?</li> <li>• What were some of the challenges that your family faced in the past?</li> <li>• How did life differ from your life today?</li> </ul>	
2 pts	Physical Activity <ul style="list-style-type: none"> <li>• Do 25 Jumping Jacks</li> <li>• Do 25 Sit ups</li> <li>• Do 25 Push Ups</li> <li>• Stretch for 10 minutes</li> </ul>	
2 pts	Read an article from a newspaper, magazine or an online source: <ul style="list-style-type: none"> <li>• Summarize what you read, be sure to include the author and the title of the article.</li> <li>• Critique the article</li> </ul>	
3 pts	Read to a younger person for 15 minutes <ul style="list-style-type: none"> <li>• Ask them questions about what you read to them</li> </ul>	
2 pts	Create 5 words problems. Then use strategies to solve them.	
1 pt	Make a list of ten (10) things in your house and measure the ten (10) items.	
2 pts	Record everything you eat for the day. Look at the nutritional information on each label. <ul style="list-style-type: none"> <li>• How many calories did you consume?</li> <li>• How many grams of protein?</li> <li>• How many carbohydrates?</li> <li>• How many grams of fat?</li> </ul>	
3 pts	What do you want to be when you grow up? Write a one page essay on what you want to be when you finish high school. Be sure to include what you will need to do in order to reach your goal. (What classes do you need to take? What skills do you need to learn?)	

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<b>Life Skills</b>		
<b>Points</b>	<b>Description of Learning Experience</b>	<b>Adult Initial</b>
1 pts	Take out the trash	
3 pts	Make lunch for someone in your family.	
2 pts	Shovel the snow or clear your sidewalk/driveway	
1 pts	Abstain from using any social media for an hour	
2 pts	Learn to count change back to someone without a calculator	
Up to 5 pts	Laundry <ul style="list-style-type: none"> <li>• Sort, wash, and dry a load of laundry (1 pt)</li> <li>• Iron two shirts or two pair of pants (1 pt)</li> <li>• Strip and wash bedding (1 pt)</li> <li>• Fold and put away a load of laundry (1 pt)</li> <li>• Sew a button on a piece of clothing or cloth (1 pt)</li> </ul>	
2 pts	Write a letter to a relative. If you would like, bring it to school and we will mail it for you. Make sure to have the address.	
Up to 4 pts	Clean House - each item is worth 1 point <ul style="list-style-type: none"> <li>• Dishes (1 pt)</li> <li>• Bathroom (1 pt)</li> <li>• Windows (1 pt)</li> <li>• Clean out refrigerator (1pt)</li> <li>• Sweep/mop/vacuum (1pt)</li> </ul>	
	<b>Total</b>	

Date of AMI Day: \_\_\_\_\_

\_\_\_\_\_  
 Student Name

\_\_\_\_\_  
 Adult Signature