

Alternative Method of Instruction (AMI)

Instructional Activities 9-12

GRADE LEVEL : High School (9th-12th) Students must earn 20 Points TOTAL for each day. At least half of the student's points must come from the academic section.

Academics		
Points	Description of Learning Experience	Adult Initial
4 pts	Read for forty-five (45) minutes	
3 pts	Read to a younger person for 15 minutes. <ul style="list-style-type: none"> Ask them questions about what you read to them. 	
2 pts	Using a Venn Diagram, compare/contrast summer and winter.	
4 pts	Write a 2 page essay. Use correct grammar and punctuation. Essay Ideas: <ul style="list-style-type: none"> The impact of severe weather on the community, world or economy What is your plan for after high school? How has social media impacted society? If you could change one thing about the American educational system what would be and why? 	
2 pts	Read an article from a newspaper, magazine or an online source: <ul style="list-style-type: none"> Summarize what you read, be sure to include the author and the title of the article. Critique the article 	
1 pt	Physical Activity <ul style="list-style-type: none"> 25 jumping jacks 25 push ups 25 Sit Ups Stretch for ten (10) minutes 	
2 pts	If you have access to a computer, spend twenty-five (25) minutes on ALEKS.. <ul style="list-style-type: none"> Math 	
2 pts	Science Activity - Pick one and answer the question. <ul style="list-style-type: none"> Bring in a snowball. As it melts write about physical change, temperature and how the snow sticks together in a snowball. Hypothesize how plants are affected on snowy conditions. Can they still perform photosynthesis? What physical changes in water had to occur in order to make snow? 	
5 pts	Complete one (1) hour of work through your Google Classroom, AVHS, or concurrent credit class.	
4 pts	Work on any incomplete work that you may have. Make sure you can turn the work in for credit.	

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Life Skills		
Up to 4 pts	Clean House - each item is worth 1 point <ul style="list-style-type: none"> • Dishes (1 pt) • Bathroom (1 pt) • Windows (1 pt) • Clean out refrigerator (1pt) • Sweep/mop/vacuum (1pt) 	
4 pts	Cook a balanced meal from scratch	
Up to 1.5 pts	Home Maintenance <ul style="list-style-type: none"> • Change air filters (0.5 pt) • Check smoke detectors (0.5 pt) • Clear a slow drain (0.5 pt) 	
1 pts	Abstain from using any social media for an hour.	
2 pts	Shovel the snow or clear your sidewalk/driveway	
Up to 5 pts	Laundry <ul style="list-style-type: none"> • Sort, wash, and dry a load of laundry (1 pt) • Iron two shirts or two pair of pants (1 pt) • Strip and wash bedding (1 pt) • Fold and put away a load of laundry (1 pt) • Sew a button on a piece of clothing or cloth (1 pt) 	
Up to 3 pts	Planning <ul style="list-style-type: none"> • Plan balanced meals for the next week • Create a grocery list • Create a chore list 	
2 pts	Learn to count change back to someone without a calculator.	
2 pts	Prepare for College <ul style="list-style-type: none"> • Search for scholarships • Fill out FAFSA form online • Take a career interest survey 	
2 pts	Write a letter to a relative	
	Total	

Date of AMI Day: _____

Student Name

Adult Signature

Revised 9/01/2019