

Alternative Method of Instruction (AMI)
Instructional Activities 1st Grade

GRADE LEVEL: First Grade Students must earn 20 Points TOTAL for each day.
At least half of the student's points must come from the academic section.

Academics		
Points	Description of Learning Experience	Adult Initial
2 pts	Recite (not sing) ABCs out loud to someone 5 times	
1 pts	Say letter sounds out loud	
3 pts	Write ABCs (Upper and Lower Case)	
2 pts	Practice writing first & last name (5 times)	
5 pts	Read to an adult or sibling for ten (10) minutes	
5 pts	Have someone read a book to you. After they read to you, answer the following questions: <ul style="list-style-type: none"> Who or what was the main character in the story? Retell the important parts of the story in order (sequence). What was the setting of the story? What was your favorite part of the story? 	
1 pts	Count from 0 to 20 and down from 20 to 0 out loud	
1 pts	Count to 50 out loud	
2 pts	Count to 100 out loud	
1 pts	Write numbers 0-10	
2 pts	Write numbers 0-20	
5 pts	Write numbers 0-100	
1 pts	Draw/color a picture about winter	
5 pts	Write a sentence and draw a picture about your day out of school.	
5 pts	If you have access to a computer, spend ten (10) minutes on ALEKS. <ul style="list-style-type: none"> Math 	
3 pts	Physical Activity <ul style="list-style-type: none"> Do 10 Jumping Jacks Run in place for two minutes Do 10 sit ups Stretch for five minutes 	
2 pts	Watch the weather on the news. Draw a picture about what you learned.	
5 pts	Call an older member of your family and ask them questions about your family history. Draw a picture or write two sentences about what you learned.	
Revised 09/01/2019		

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Life Skills		
3	Clean your room	
2	Play a card or board game with someone in your family. (No online games)	
2	Practice tying your shoes.	
1	Practice zipping, snapping and buttoning	
2	Brush your teeth at least twice	
3	Do your chores for the day. If you do not have any, have an adult help you make a list of chores you can start doing daily.	
3	Help make lunch or dinner for your family.	
	Total	

Date of AMI Day: _____

Student Name

Adult Signature